

DI LORETO DENTAL CARE, PC

20690 Vernier Rd, Harper Woods, MI 48225 PH: 313-884-3050

HOME CARE

FOLLOW THESE INSTRUCTIONS TO ASSIST RECOVERY FROM YOUR ORAL SURGERY

IMMEDIATELY: Bite on gauze pack as instructed for 30 minutes to reduce bleeding. Use an **ICE PACK** to reduce swelling (on 30 minutes/off 10 minutes for the first 6 Hours after surgery). **REST**, take fluids, eat soft foods. Take **PAIN MEDICATION** as indicated.

DO NOT smoke, spit, drink with a straw, drink carbonated beverages, or rinse vigorously this will disturb clotting.

THE NEXT DAY: Gently rinse your mouth with warm salt water (1/2 teaspoon of salt per glass Of warm water) after eating for the next 7 days. Resume brushing your Teeth except over the extraction area.

PAIN: Take Ibuprofen 2-3 tablets every 6 hours along with prescription pain Medication. If you are aspirin sensitive, have ulcers, or allergic to Ibuprofen, take Tylenol, 2 tablets, every 4 hours. If special medication

SWELLING: Ice packs will help minimize the condition if used immediately after Surgery (up to 6 hours). The day after surgery, if swelling has formed, use Warm towels intermittently over the facial area. Swelling may be the Greatest several days following surgery.

BLEEDING: Minor oozing may be expected for 2-3 days. To control secondary brisk Bleeding, place moist firm gauze pack or tea bag over site and bite firmly. Repeat as needed every 15 minutes.

JAW STIFFNESS: This is common and may last up to 10 days with gradual improvement. Warm towels will aid recovery.

Proper care following oral surgery procedures will hasten recovery and will prevent complications. Your welfare is of concern to us during and after your oral surgery.

For unusual pain, swelling, bleeding, stiffness, or fever, contact the office at (313) 884-3050. After hours and weekends call (313) 201-3050 leave a message and your call will be returned promptly. In the event of a true emergency please go directly to the hospital Emergency center.

Sutures dissolve 7-10 days_____

Return for suture removal_____